

Your sexual health RIGHTS AND RESPONSIBILITIES

As a teen, you have all kinds of relationships. Some are with people you know well, and some are with people who you do not know well. In any case, you have rights and responsibilities as a sexually healthy person.

In your relationships, YOU have the right to...

- ▶ Trust your feelings.
- ▶ Date who you want, when you want, and how you want.
- ▶ Have sex when you AND your partner want to.
- ▶ Have sex that feels good to you.
- ▶ Insist that you and your partner use condoms EVERY time for every type of sex.
- ▶ Say no or leave a date early.
- ▶ Disagree with your partner or date.
- ▶ Feel good about yourself with or without a partner.
- ▶ Report someone who hurt you bodily or sexually.
- ▶ Receive emotional support and understanding.
- ▶ Control your own future.
- ▶ Be loved and cared about.

What do you know about SEXUAL HARASSMENT?

Sexual harassment is:

- ▶ Unwanted sexual advances like signals, words, or touching.
- ▶ Unwanted sex jokes, teasing, name-calling, pictures, and threats.
- ▶ Asking a person for something sexual in return for a better grade, food, money, or gifts.
- ▶ Making things uneasy or unsafe through sexual words or actions.
- ▶ Comments about a person's body, sexual activity, or sexual orientation.

Did you know?

Both women AND men can be raped, sexually assaulted, and sexually harassed.

What do you know about SEXUAL ASSAULT?

Sexual assault is the use of force to make a person engage in sexual activity or contact. This includes rape, which is forced sex.

- ▶ Getting someone drunk or high in order to have sex with them is rape.
- ▶ If your partner asks you to STOP what you are doing, STOP, no matter what you are feeling.
- ▶ Remember! Even if you agreed to have sex with someone in the past, it does not make it OK to have sex in the present or future without your OK.
- ▶ Most rapes are committed by someone the victim knows.
- ▶ If you are being assaulted, say NO and yell so that other people may be able to hear you.