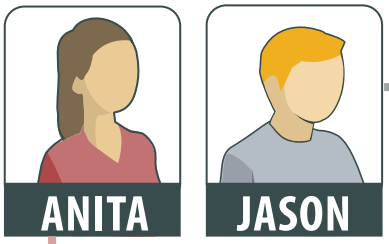
A Teen-Friendly Reproductive Health Visit

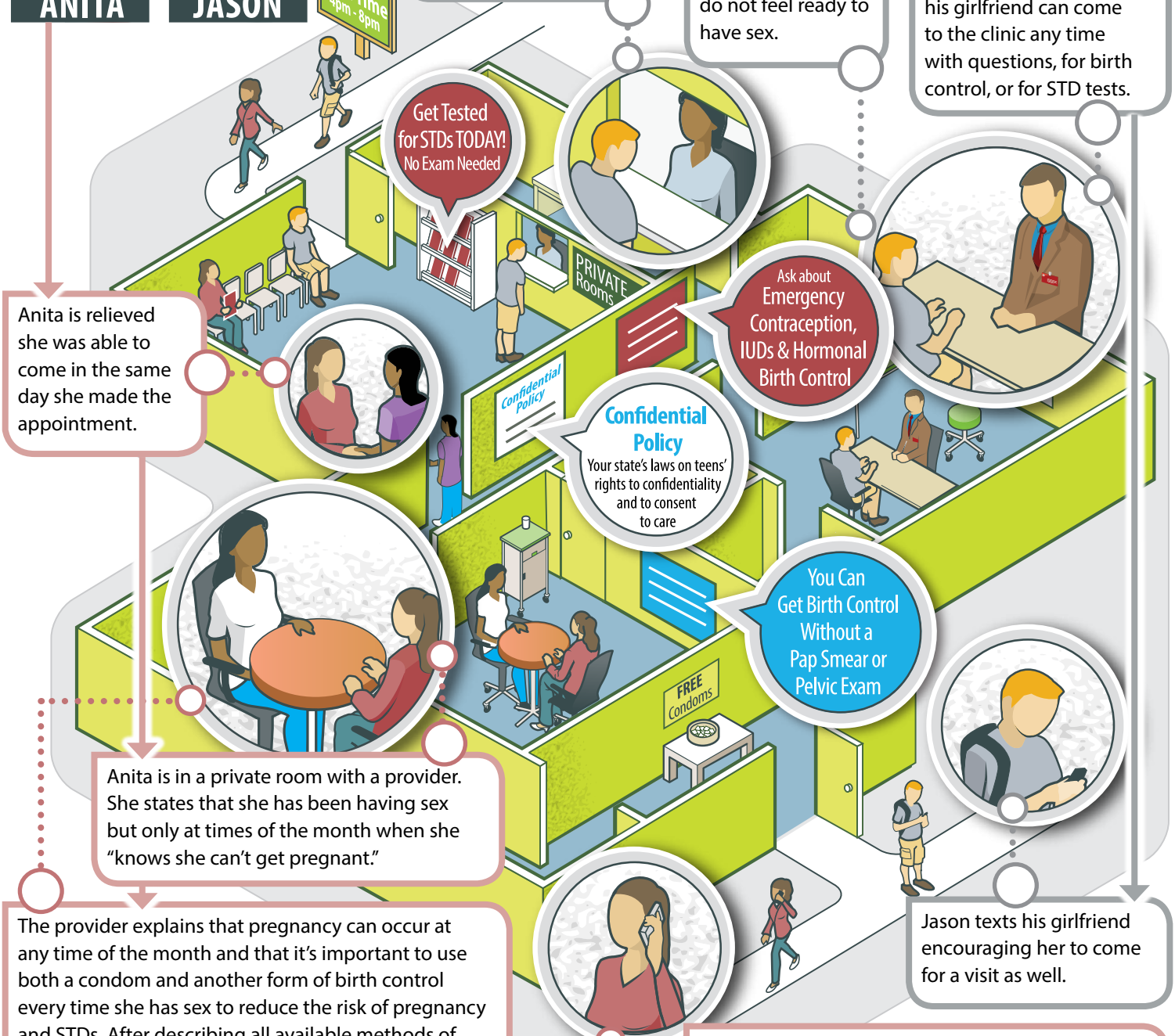
Two teen-friendly reproductive health visits: one for a sexually active female, and one for a male not yet having sex.



Front desk staff tells Jason that contraceptive and reproductive health care services are provided for free or at low cost.

A counselor meets with Jason in a private room. He states that he has a girlfriend but they do not feel ready to have sex.

The counselor encourages Jason not to have sex if either he or his girlfriend does not feel ready, and explains Jason and his girlfriend can come to the clinic any time with questions, for birth control, or for STD tests.



Anita is relieved she was able to come in the same day she made the appointment.

Anita is in a private room with a provider. She states that she has been having sex but only at times of the month when she "knows she can't get pregnant."

The provider explains that pregnancy can occur at any time of the month and that it's important to use both a condom and another form of birth control every time she has sex to reduce the risk of pregnancy and STDs. After describing all available methods of birth control from most to least effective, the provider and Anita agree on the method that will suit her best, and the provider gives her condoms, as well.

Jason texts his girlfriend encouraging her to come for a visit as well.

Anita calls a friend as she is leaving. She is happy to report she could get her new contraceptive implant that day and that it will last up to three years..."now I don't have to remember to take a pill every day!"

Learn more at www.cdc.gov/TeenPregnancy/TeenFriendlyHealthVisit.html

National Center for Chronic Disease Prevention and Health Promotion
Division of Reproductive Health

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