

WHAT TO DO IF...

Remember, you neither wanted nor deserved to be stalked. You are the victim, not the criminal. Suggestions of what to do if stalked are listed below. Every situation is different, so there are no set guidelines.

Communicate to the stalker that you do NOT want any contact with him/her.

Report to your local law enforcement agency that you are a victim of stalking, whether or not you plan to file formal charges.

Build your case against the stalker by providing the police with any or all of the following:

- Documentation (personal journal or diary) of the stalker's activities.
- Taped recording(s) of threatening telephone calls.
- Videotape of stalker's actions.
- Basic identifying information (i.e. license plate number, make of car, physical description).
- List of contacts with the stalker (i.e. time, place, what was said, letters received).

STALKING TAKES MANY FORMS

According to the anti-stalking laws, a person can be charged with stalking for willfully and repeatedly contacting another individual without permission, causing that person to feel terrorized, frightened, intimidated, threatened, harassed, or molested. Under these laws, assailants could be charged with stalking for repeatedly:

- Following or appearing within the sight of another.
- Approaching or confronting another individual in a public or private place.
- Appearing at the work place or residence of another.
- Entering or remaining on an individual's property.
- Contacting by telephone.
- Sending mail or electronic mail.



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KALAMAZOO COUNTY

HARRASSMENT LOG

for
VICTIMS
of
DOMESTIC VIOLENCE
and
STALKING

Everyone Has a Right To Be Safe!



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