

# Fall Programs on the Kalamazoo River Valley Trail

## Fall Color Cruise

9th Annual



Kalamazoo River Valley Trail

October 15, 2017



**Sunday, October 15, 2017**

**Noon-3:30 p.m.**

**Markin Glen County Park**

**5300 N. Westnedge Ave., Kalamazoo**

Spectacular fall colors...a family bike ride...fall activities...the autumn scenery along the Kalamazoo River Valley Trail is a must-see, and the Fall Color Cruise provides the perfect opportunity to experience all of its beauty! **Noon – 3:30 p.m. (Register and begin anytime between Noon and 2:30 p.m.)**

**6-Mile Bike Ride:** Bring your bike and cruise along the Kalamazoo River Valley Trail, enjoying the fall colors and family-friendly activities along the way. This out-and-back route travels on the Kalamazoo River Valley Trail from Markin Glen Park, turning around at the Riverview Launch where there will be fall refreshments to enjoy. You can begin the ride anytime between noon and 2:30 p.m.

**Sign-Up: Register by Thursday, October 5<sup>th</sup> if ordering a T-Shirt.** There will also be registration the day of the event. **To register online, or to find a hard-copy registration form, please visit: [www.krvtrail.com](http://www.krvtrail.com)**

### Fees

\$10/person, \$25/Family (up to four). Individual fee include park admission, ride registration, activities, and lunch; Family registration includes include park admission, ride registration, activities, and lunch. T-Shirts will be sold separately for \$10. **All proceeds from this fundraiser go towards trail maintenance and programming.**

The surface is paved and helmets are required (a limited number of give-away helmets will be available on a first-come first-serve basis).

**Kalamazoo County Parks**  
2900 Lake St Kalamazoo, MI 49048  
269.383.8778 [krvtrail.com](http://krvtrail.com)



**Kalamazoo  
River Valley  
Trail**

## *Weekly Walking Club*

### **KRVT Walking Club**

Walking in a group increases your commitment to sticking to your routine, and it is a great chance to socialize and make new friends! Did you know that walking can reduce stress, help prevent heart disease, improve sleep and help you maintain or lose weight? All levels and abilities are welcome and walking distances vary throughout the group. Come walk with us and make some new friends!

**Sign-Up:** For registration or questions, please call 383-8778.

**Fee:** Free

### **Tuesday mornings, 9 a.m.**

Meet on the KRV Trail, beginning at the 10th Street parking lot near the Caboose, (two miles north of W. Main).



## *Community Trail Events*

### **Open Roads Community Bike Rides (Once per month)**

Community Bike Rides are free and open to the public. All ages and skill levels are welcome. Arrive early! Ride starts promptly at 5:30pm. See schedule at [www.openroadsbike.org/calendar-of-events](http://www.openroadsbike.org/calendar-of-events)  
Questions? Email us at [info@openroadsbike.org](mailto:info@openroadsbike.org) or give us a call at 269-365-9142

### **Monarch March (Sunday October 1<sup>st</sup>)**

Run, walk, or jog on the scenic Kalamazoo River Valley Trails with the Michigan Nature Association! This 5K will promote efforts to preserve habitat for monarch butterflies throughout Michigan. Monarch butterflies are one of the most recognizable and beloved butterfly in North and Central America. Millions of monarchs migrate across the United States; spending their summers in Michigan and winters in Mexico.

<https://runsignup.com/Race/MI/Kalamazoo/MonarchMarch>

### **Hotcake Hustle (Saturday October 21<sup>st</sup>)**

The 4th Annual Sunrise 5K Run is sponsored by Kalamazoo Sunrise Kiwanis. Your local Kiwanis club has been donating to many causes to help educate and keep your children safe for over twenty years. Past projects include donations to Burn Camp, The Backpack Program, Dictionaries to Third Graders, and supporting the local Little League just to name a few. Your registration fee will be used to ensure similar programs will continue receiving support from your community. Thank you again for a great twenty years as always the children appreciate your support!

<https://runsignup.com/Race/MI/Kalamazoo/SunriseZombieRun5K>

## *Guided Nature Programs*

We are pleased to once again partner with the Audubon Society of Kalamazoo to provide knowledgeable leaders to guide you along the trail and expand your awareness of what is around you. The guided programs are free, fun and educational! All ages are welcome, but children under age 16 must be accompanied by an adult.

### **Fall Color Golf Cart Tour**

We are pleased to offer a fall color tour via golf carts for senior citizens and persons with a disability. Golf cart space is very limited, and **pre-registration for this program is required**. This leisurely journey will allow you the opportunity to see and learn about the fall colors and why leaves change during this season.

**When & Where:** Thursday, October 12 at 12 p.m.

**Where:** Meet near the campground area at Markin Glen County Park, 5300 N. Westnedge (park fee waived for participants).

**Sign-Up:** Golf cart space is limited, so **pre-registration is required**, although walkers are welcome as well. For registration or questions, please call 269-383-8778. **Fee:** Free





## **KRVT Bicycle Club**

If you are looking for a group to bike with at a casual pace, we have the solution. Join us Monday mornings for an easy ride along the Kalamazoo River Valley Trail. Meeting points will rotate every two weeks, giving you an opportunity to experience all of the beauty of the Kalamazoo River Valley Trail.

**Sign-Up:** For registration or questions, please call 383-8778.

**Fee:** Free

### **Monday mornings, 9 a.m.**

#### **September**

4 - Meet at Commerce Lane in Parchment, across from the Post Office at Mosel Ave.

11 - Meet at Commerce Lane in Parchment, across from the Post Office at Mosel Ave.

18 - Meet at KRV Trail Parking lot in Verburg Park, just west of Riverview Drive on Paterson St.

25 - Meet at KRV Trail Parking lot in Verburg Park, just west of Riverview Drive on Paterson St.

#### **October**

2 - Meet at Mayors' Riverfront Park, 251 Mills Street. Park in the parking lot near the playground, next to the baseball stadium.

9 - Meet at Mayors' Riverfront Park, 251 Mills Street. Park in the parking lot near the playground, next to the baseball stadium.

16 - Meet at Merrill Park in Comstock, located at the intersection of Comstock Ave. and River St.

23 - Meet at Merrill Park in Comstock, located at the intersection of Comstock Ave. and River St.

30 - Group's Choice! Happy Halloween!

#### **November**

We will continue biking with any interested bikers from Verburg Park through November, weather permitting.

## **Sponsors needed for the Fall Color Cruise Fundraiser**

In partnership with the Kalamazoo County Parks Department, students from Western Michigan University's HPHE 3710 class are participating in a service-learning project and organizing the 9th Annual **Fall Color Cruise**, which will be held on Sunday, October 15 on the Kalamazoo River Valley Trail. This family-friendly event will include bicycle routes for all abilities and fall activities. All proceeds from the event will go towards trail maintenance and programming expenses.

**There are two ways that your business or organization can support this event. 1) Donations that we are seeking will be used as a raffle prize throughout the event, or for refreshments during the event. Or, 2) for a minimum \$200 sponsorship, your logo will be displayed on the back of the event t-shirts.**

Please consider this opportunity to support this great event. Your organization will be recognized and announced the day of the event. Please the Kalamazoo County Parks for complete details – 269.383.8778.

