

## What is the Area Agency on Aging IIIA?

The AAA IIIA is part of the Kalamazoo County Health & Community Services Department, providing leadership and advocacy on aging issues in Kalamazoo County. It is one of 16 regional agencies designated by the Michigan Aging and Adult Services Agency to identify the greatest needs of older persons and coordinate services to meet those needs. Our goal is to provide quality services that enable older persons to live independently with dignity, in their own homes or chosen place of residence.

The target age group for service eligibility is primarily persons age 60 and over, and their caregivers. Emphasis is placed on assisting those with the greatest economic or social need. Services may be at no cost or privately paid on a sliding fee scale, depending upon the program.

The AAA IIIA facilitates the Elder Abuse Prevention Coalition and Hoarding Task Force, and provides leadership to many community groups focused on aging issues.

## Senior Expo 269-373-5147

The AAA IIIA coordinates Michigan's largest Senior Expo every October that attracts thousands of participants. Free health screenings and 100+ exhibitors provide information on a variety of programs and services to help adults maintain independence, find long term care resources, discover lifelong learning and volunteer opportunities, and more.

Like us on Facebook!



Area Agency on Aging IIIA of Kalamazoo County  
Health & Community Services

**Area Agency on Aging IIIA**  
Kalamazoo County Health &  
Community Services Department  
311 East Alcott St.  
Kalamazoo, MI 49001  
269-373-5173  
Fax 269-373-5227  
[www.kalcounty.com/aaa](http://www.kalcounty.com/aaa)

*Kalamazoo County Health & Community Services is committed to providing equitable, culturally competent care to all individuals served, regardless of race, age, sex, color,*



**Area Agency on Aging IIIA**

7/2019



KALAMAZOO COUNTY GOVERNMENT

In the Pursuit of Extraordinary Governance

Health and Community Services Department

## Area Agency on Aging IIIA



**Your Connection  
to  
Information  
and  
Community Supports**

## Choices for Independence

Registered nurses and social workers help older adults and/or their caregivers navigate the many choices available to support independence and safety in the home. Through person-centered planning, support services such as homemaking, personal care, adult day services, medication set-up, meals, transportation, and more, are arranged or purchased. **YOU CHOOSE** the services and service provider to best fit your needs.

## Grant Funded and Private Pay Options Available\*

To make a referral or find out more, call the AAA IIIA Information & Assistance Line at:

**269-373-5173**

\*Associate Member, Aging Life Care Association, providing professional geriatric care management



CARING

## Information and Assistance



**269-373-5173**

This free and confidential service is for people of all ages, and provides unbiased information about community resources and state and federal programs for older adults and adults with disabilities. Licensed social workers answer your questions, and will assist by providing appropriate referrals and exploring options for services based on an individual's needs and circumstances.

## Long-Term Care Ombudsman Program

**269-373-5161 or 1-866-485-9393**

The Long-Term Care Ombudsman Program, serving Barry, Branch, Calhoun, Kalamazoo, and St. Joseph counties, was created to address the quality of care and quality of life experienced by people who reside in licensed long-term care facilities—nursing homes, homes for the aged, and adult foster care facilities. The ombudsman should be contacted:

- When you have unresolved questions or concerns about care in a facility
- When you have questions about your rights in a long-term care facility

TRUSTED



## Healthy Living Programs

Concerned about preventing falls or coping with dementia and other health issues? We offer well researched programs at a variety of locations in the community throughout the year. Call us or visit our website for class schedules.

### Creating Confident Caregivers

**(373-5141)** helps to understand dementia, how to manage challenging behaviors and cope with the stress of caregiving.

### PATH (Personal Action Toward Health

**373-5021)** programs help people learn tools and skills for the daily management of long-term health conditions such as arthritis, asthma, diabetes, depression, fibromyalgia, heart disease and/or chronic pain.

### A Matter of Balance **(373-5021)** is an

award winning program designed to reduce the fear of falling and increase the activity levels of older adults who have concerns about falls.

PROVEN