

In this issue:

Mark your Calendar,
p. 2

KCASI Meetings, p. 2

News from AAA, p. 2



Area Agency on Aging^{IIIA}
Kalamazoo County
Health & Community Services



17th Annual Kalamazoo Co. Senior Expo

The Senior Expo will be a great opportunity for you to meet and greet older adults, caregivers, professionals and others in one day in one location! **Free** to attendees, the expo is on **Tuesday, October 1st**, from **9 AM to 3 PM** in Main Expo and Expo South at the Kalamazoo County Expo Center & Fairground, 2900 Lake Street, Kalamazoo. The Kalamazoo Indoor Flea & Farmers Market is the same day, in Expo North, so why not plan to make a day of it?

We have so many wonderful sponsors to thank this year for their generous support, and we hope you'll visit them. Pick up a **door prize ticket** in the lobby on expo day and have it punched by each sponsor to be eligible to win some terrific prizes.

The sponsors will be listed on the ticket that can be picked up and dropped off at the lobby information desk.

Borgess and Bronson hospitals are once again offering free health screens, including blood pressure, blood sugar, cholesterol, and dementia screening. Flu shots will be available, too. Bring your insurance or Medicare card to get your vaccination.

Vendors: There is still exhibitor space available. Join the 100+ who are already signed up! Registration information is on the Web at www.kalcounty.com/aaa and click the Senior Expo link in the yellow box. Or, call Janice at (269) 373-5147 for more information.

The Kalamazoo County Senior Expo is coordinated by the Area Agency on Aging IIIA.



Many Thanks to SENIOR EXPO 2013 SPONSORS

GOLD:

- Borgess
- Bronson

SILVER:

- AARP
- Blue Cross Blue Shield Blue Care Network of Michigan
- Heritage Community of Kalamazoo
- Senior Services Southwest Michigan
- SW Michigan Spark

BRONZE:

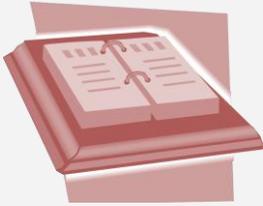
- Adult Day Services at Oakland Centre
- All-Weather Seal
- CoventryCares of Michigan
- ECCU
- Langeland Family Funeral Homes
- Life EMS Ambulance
- Meridian Health Plan

Happy
Halloween!



Thursday,
October 31st





Mark Your Calendar

Monday, September 16: Expo Center, 2900 Lake Street. FREE admission to attendees.
KCASI Meeting, “1:15-2:45 PM at Senior Services, 918 Jasper St., Kalamazoo.

Friday, September 27: **Professionals Focused on Aging (PFA)**, 8:00-9:30 AM, Senior Services, 918 Jasper St., Kalamazoo. Topic: Shepherd’s Center- You’ll be Surprised at what you Don’t know about them.

Tuesday, October 1: **SENIOR EXPO**, 9 AM to 3 PM, at the Kalamazoo Co.



Chairman of the MI Senior Advocates Council. This dynamic speaker will explain the importance of being an advocate for issues that affect you. Rep. Margaret O’Brien, District 61, is the guest legislator.

For information on KCASI, call (269) 373-5147.

Support provided by:

- Area Agency on Aging IIIA
- Borgess Health
- Crossroads Village Apartments
- Dementia Services Group, LLC

AAA’s Matter of Balance & PATH schedule of classes are on the Web. Please visit [Summer/Fall Community Calendar of Evidence Based Programs](#)



- Disability Network Southwest Michigan
- Fresh Perspective Home Care
- Hospice Care of Southwest Michigan
- Life EMS Ambulance
- Meridian Advantage Plan
- New Friends Memory Care Assisted Living
- Park Place Assisted Living
- Presbyterian Villages of Michigan
- Senior Services Southwest Michigan
- Stay Home Companions
- UnitedHealthcare Community Plan

The Advisor is published six times a year by the Area Agency on Aging, IIIA. If you would like to receive a copy by mail, please contact:
Janice Bonita, Editor
 Phone: 269-373-5147
 Email: jgboni@kalcounty.com

●
Area Agency on Aging, IIIA, Health & Community Services Dept., Kalamazoo County Government Director – Judy Sivak

KCASI’s September 16th meeting will feature a speaker from AARP on “All You Need to Know About the Affordable Care Act.” The guest legislator will be Rep. Aric Nesbitt, District 66.

The October 21st meeting will be on the topic “Why Should We Care About Advocacy?” with Bob Fox,

AAA Staff News



Welcome to our new Choices for Independence Administrative Assistant, **Judy Hayes** (yes, we now have three “Judys” here). Judy comes to us from the Health & Community Services WIC Program and we are happy she’s here!

As you may already know, Cathy Weissert, former CFI Administrative

Assistant, left to work with Lucinda Stinson, and the Health Promotion Disease Prevention division here at HCS. We hope to work on some projects with Lucinda & Cathy in the future.



CFI Care Consultant, Patti Nash, is now **Patti Stratton**. Change of name but she’s still our Patti Sue!