



*Third Thursday of Each Month 5:00 - 6:00PM*

No one should have to face Alzheimer's or other forms of dementia alone. Our in-house support group, open to the community, connects you with friends and professionals to help you navigate through this disease, not only for your loved one but also for yourself, as a caregiver. Each month we will have a different topic and occasional speakers.

When facing uncertainty, having a good support group you can turn to for advice and encouragement can help you feel socially connected and give you a sense of community. Sharing with like individuals may help provide perspective on your own experiences with the disease and the support and encouragement necessary to keep moving forward. Light refreshments will be provided.

Space is limited. Please RSVP by calling 269-397-2200 or online at [www.NorthWoodsMemoryCare.com](http://www.NorthWoodsMemoryCare.com).



131 - Exit 36  
I-94 - Exit 72

### OUR COMMUNITY FEATURES:

- Purposeful Community Design
- Certified Dementia Practitioners on staff
- Nurse on-site 24 hours a day
- "New Directions"® customized care



6203 Stadium Drive  
Kalamazoo, MI 49009



*Guiding. Caring. Inspiring.*

