

# Children's Special Health Care Services (CSHCS) Newsletter – November 2022

CSHCS is a secondary insurance program designed to support children with eligible chronic health conditions and their families. CSHCS is also available for adults with cystic fibrosis, sickle cell disease, and certain bleeding disorders. Call the office for more information at 269-373-5015.



## Flu Vaccine

Everyone 6 months of age and older should get a flu vaccine every season, especially people at high risk. This year, more than ever, it is important to get vaccinated to decrease the risk of serious disease from influenza and avoid the possibility of being infected by both influenza and COVID-19 at the same time. Kalamazoo Health & Community Services is now offering influenza vaccines. Call 269-373-5203 to schedule your appointment or visit our website at: <https://www.kalcounty.com/hcs/>

### Flu Symptoms:

- fever or feeling feverish/chills
- cough
- sore throat
- runny or stuffy nose
- muscle or body aches
- headaches.
- fatigue (tiredness)
- some people may have vomiting and diarrhea, though this is more common in children than adults

You can find additional information and resources about Influenza by visiting the following websites:

- <https://www.michigan.gov/flu>
- <https://www.cdc.gov/flu/>

## Food Resources

There are many food resources in our community. For a list, please visit:

[https://www.kresa.org/site/handlers/filedownload.ashx?moduleinstanceid=3091&dataid=3499&FileName=KalCounty\\_FoodPantries.pdf](https://www.kresa.org/site/handlers/filedownload.ashx?moduleinstanceid=3091&dataid=3499&FileName=KalCounty_FoodPantries.pdf)

## Kalamazoo Great Start Parent Coalition & Café Information

### Parent Coalition – Your Voice Matters

Parent coalition meetings are opportunities for parents and caregivers to connect and take action on ways we can help support families in our community and use our influence to help shape early childhood initiatives. The meeting will take place on Zoom and last 1 hour. This month's meeting is **Tuesday, November 15, 2022, at 1:30pm.**

### Virtual Parent Café

The Café is a space for parents & caregivers to discuss the challenges and victories of raising children. The meetings take place on Zoom and last 1 hour. This month's meeting is **Thursday, November 10, 2022, at 7:30pm.**

To sign up, please visit:

<https://www.kalamazoo greatstart collaborative.org/blank>



## Health Insurance Marketplace

The 2023 Open Enrollment Period runs from **Tuesday, November 1, 2022**, through **Sunday, January 15, 2023**. Families may call the Health Insurance Marketplace at 1-800-318-2596 or visit online at: <https://www.healthcare.gov/>

For next month's Newsletter, please go to <https://www.kalcounty.com/hcs/mch/cshcs/newsletters.php> . If you have questions or concerns, please call the Family Phone Line at 1-800-359-3722 or the Kalamazoo CSHCS Program Representative, Heather, at 269-373-5015.

## COVID 19: Vaccination Information

COVID-19 vaccines are offered at the Kalamazoo County Health & Community Services Department, 311 E. Alcott Street. There is no cost and no ID required. The HCS COVID-19 vaccine clinic is open **Monday through Thursday from 8:00am to 4:00pm (closed from 12:00-1:00pm)** and **Friday from 8:00am to 12:00pm** for ages 5 years and up. Please call for an appointment: 269-373-5203.

Kalamazoo County HCS Pediatric COVID-19 vaccines (6 months to 4 years) are scheduled by appointment only. Kalamazoo County HCS currently offers Pfizer for this age group. Please call 269-373-5203 to set an appointment. For more information, please visit:

<https://www.kalcounty.com/hcs/covid19.php>

CSHCS has been granted funds to assist CSHCS enrollees and their families as well as children with special needs in obtaining vaccinations of both COVID-19 and childhood immunizations. Please call **269-373-5010** if you are having difficulty in obtaining vaccines for your child or your family.



## Virtual Parent Connect Call

The Family Center for Children and Youth with Special Health Care Needs (Family Center) is excited to offer a series of free virtual Parent Connect Calls monthly. The November call is scheduled for **Wednesday, November 9, 2022**, at **4:00pm**. The topic for this call is IEP vs. 504. Do you know what an IEP and a 504 are? Or are you confused on the difference of an IEP and 504 or which is the best option for your child? Join this call for an informative presentation with Andrea Beachnau from Michigan Alliance for Families. This will be an informative presentation/discussion for parents and caregivers. To register, please visit: <https://www.eventbrite.com/e/parent-connect-call-iep-vs-504-tickets-411396807927>

Kalamazoo County Health & Community Services is committed to providing equitable, culturally competent care to all individuals served, regardless of race, age, sex, color, national origin, religion, height, weight, marital status, political affiliation, sexual orientation, gender identity, or disability.

## CSHCS Thanksgiving Hours 2022

**Thursday, November 24<sup>th</sup> – Thanksgiving Day (CLOSED)**

**Friday, November 25<sup>th</sup> – Day after Thanksgiving (CLOSED)**



## November Health Awareness

**Lung Cancer Awareness Month -**

<https://www.lung.org/lung-force/about-lung-force/featured-campaigns/lung-cancer-awareness-month>

**National Alzheimer's Disease Month -**

<https://alzfdn.org/alzawarenessmonth/>

**National Diabetes Month –**

<https://diabetes.org/>

**National Epilepsy Awareness Month –**

<https://www.epilepsy.com/>

**National Healthy Skin Month -**

<https://www.aad.org/>

**National Marrow Awareness Month -**

<https://bethematch.org/>

**Pancreatic Cancer Awareness Month -**

<https://pancreatic.org/november/>

**Prematurity Awareness Month -**

<https://www.marchofdimes.org/>

**Pulmonary Hypertension Awareness Month -**

<https://phassociation.org/>