

Cover Your Cough and Sneeze!



Avoid coughing or sneezing directly
— on your hands!

Cover your mouth and nose with
a tissue when coughing or —
sneezing!



If you don't have a tissue, use your
— elbow to cover your mouth and
nose.

Wash your hands with soap and
water or hand sanitizer after
coughing or sneezing —



KALAMAZOO COUNTY GOVERNMENT

In the Pursuit of Extraordinary Governance

Health and Community Services Department