



Kalamazoo County Communicator Newsletter

In the Pursuit of Extraordinary Governance...



September 2021

September 8, 2021

AMERICAN RESCUE PLAN COMMUNITY SURVEY

Kalamazoo County is seeking community input on how to allocate funds

We want to hear feedback from the community to ensure our residents are involved in each step of the decision making process. The first step was to gain an understanding of how the reporting process works and what the eligible and ineligible expenditures include. Our next step is to hear from our community and how you would like to see the funds allocated. Your assistance is needed – please complete the survey today by clicking on the 'submit feedback' button below!

[SUBMIT FEEDBACK →](#)



PUBLIC MEETING NOTICES



Board of Commissioners Meeting: 7 PM

The Board of Commissioners is the legislative policy-making branch of the Kalamazoo County Government. The Board is responsible to the citizens for the development and administration of policies and the annual budget. Join virtually via Zoom.

[JOIN MEETING →](#)



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[JOIN MEETING →](#)

KALAMAZOO COUNTY GOVERNMENT WANTS TO HEAR FROM YOU

How to leave public comments during County meetings

PUBLIC COMMENT INSTRUCTIONS

Recorded Public Comment: 269.384.8350

During the COVID-19 pandemic, public comment is received by leaving a message on this line or by participating during the public comment portion of each zoom meeting. The information necessary to access the zoom meetings can be found on the main page of the County website. Public comment will be taken on this line up to 3 p.m. on the date of the Board of Commissioner meeting to be played during the regular business meeting. To leave a public comment on this line, please state your name, tell us where you are from and limit your comments to 3 minutes. This is an opportunity to provide input in a professional and respectful manner. Calls received after 3:00 the day of the meeting will be shared at the next regularly scheduled board meeting

SUPPORTING STUDENTS LEARNING AT HOME

How to prep your body, mind and home for weather changes



- 1. Prepare for allergy season**
Beyond consulting an allergist and taking your required meds, you can also change your diet to make your symptoms feel less intense. Onions, garlic, apples, fish, pineapple and yogurt all contain enzymes and probiotics to that end.
- 2. Change out your clothes and accessories.**
This is a great time to declutter your clothes and donate or discard clothes you didn't wear this season. Make note of what you'll need to fill out the season's wardrobe for next year, and take advantage of end-of-season sales.
- 3. Get your heating and cooling equipment serviced**
Maintaining your heating and cooling equipment ensures it'll run smoothly the way it should when you need it. Investing your time and money in these seasonal maintenance tasks goes a long way to protect both your home and your HVAC investment, including your wallet.
- 4. Stay up-to-date on community events**
Kalamazoo gets even cooler in fall, fall brings new sports, performing arts, a dazzling display of tree colors, apple harvests and much more. Keep up to date on events going on near you.
- 5. Reflect on how weather changes affect you physically or emotionally**
 - Questions to ask yourself to determine the degree to which the change of seasons impacts you (Source: "[How to Prepare for the Season Change](#)")
 - Do I tend to sleep more and find it difficult to get out of bed in the mornings?
 - Am I feeling more irritable and more cranky than usual?
 - Am I experiencing weight gain and/or is my exercise regimen falling to the wayside?
 - Am I experiencing more sugar cravings than usual?
 - Am I feeling a loss of energy and feelings of fatigue?

UPCOMING EVENTS

Kalamazoo County Community Events



SEP 10-12

41st Annual NSRA Street Rod Nationals North

Friday 8:00am-7:00pm
Saturday 8:00am-5:00pm
Sunday 8:00am-12:00pm

Entire Kalamazoo County Expo Center

Show & Sale Over 20 See more than 1,800 street rods, muscle cars, custom cars, trucks and specialty vehicles all thirty years old and older.

Plus manufacturer exhibits, Gilmore Car Museum display cars, arts & crafts, vintage parts, swap meet, live entertainment, good food and a whole lot more! Friday night the band "Crooked Root" will play from 6-8pm followed by the movie "Cars" to be shown on a large outdoor screen. Bring your chairs and enjoy both shows!

Sunday the "Circle of Winners" will be featured on the grounds with the award-winning street rods on display. The awards ceremony will follow at the Grandstand. Produced by the National Street Rod Association.

Admission: Adults \$19, Children ages 6-12 \$6, Children 5 & under are free. A discount of \$2 is available to Seniors age 60+, Military personnel, and NSRA members. Proper ID for each ticket is required for all discounts. Parking is \$3 per vehicle. For more information contact Will Selbel at 864-663-7353.

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SEP 18

The Fall Craft Show

Saturday 9:00am-3:00p

Kalamazoo County Expo Center (Main)

Join us for a great day of shopping 120+ booths filled with unique local artists, crafters, and vendors. Admission is free. For more information contact Lorie Money at 269-903-5820 or email lorie.money123@gmail.com

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SEP 18

Kalamazoo's Vintage Market

Saturday 9:00am-3:00p

Kalamazoo County Expo Center (North)

Get your vintage fix at Kalamazoo's Vintage Market. Shop 44 booths filled with antiques, home decor, farmhouse, salvage, shabby chic, and more! Admission is free. For more information contact Lorie Money at 269-903-5820 or email lorie.money123@gmail.com

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SEP 18

Kalamazoo Reptile & Exotic Pet Expo

Saturday 10:00am-3:00p

Kalamazoo County Expo Center (Main)

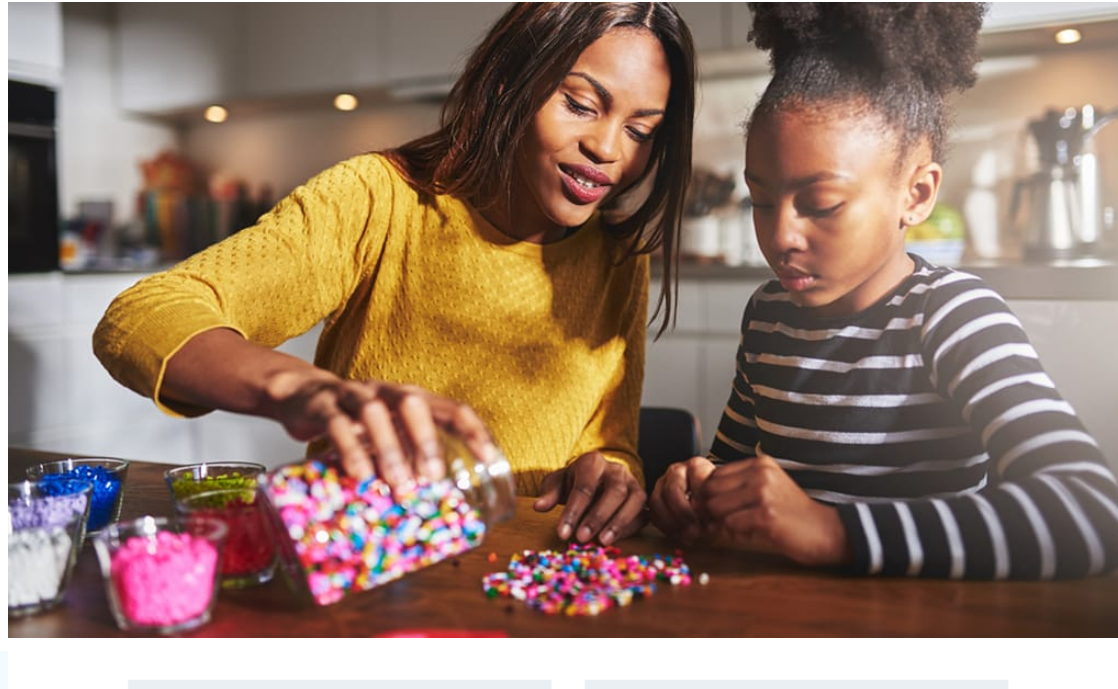
Buy, sell or trade a variety of reptiles, amphibians, small mammals and other exotic pets, supplies & food. Admission: Adults \$5, Children \$2, Children under 6 free, Family Max - \$20. For more information contact Tony at 269-779-9851 or tonygcollison@gmail.com.

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SUPPORTING STUDENT'S LEARNING THIS SCHOOL YEAR

Ways You Can Help Your Children Succeed At School



Plan the day with your child

It's good to brainstorm with your child about the day ahead. Give them options. Ask them what they feel about doing tasks in certain ways. Give them time to adjust to the schedule.

Involve the family

Integrate your child's educational schedule with your family's regular routine. Have a chat with your family and know what their expectations are with the home school setup—and what is expected of them.

Keep in touch with teachers

Ask the teacher if you have to strictly follow the curriculum given, or if you have the freedom to adjust the schedule. Teachers can also give you tips on how to effectively facilitate your kids' learning. They can also get you in touch with other parents.

Use free resources

The school will provide the lessons, but you can also make use of other resources like worksheets available online to support or expand it.

- www.upchieve.com
- <https://kzookids.com/>
- <https://www.kpl.gov/>

Take breaks

It's a simple advice - and you can't underestimate the power of breaks. Add it to your schedule and make it fun—or be spontaneous and flexible and take it when you can.

Be flexible

Learning from can be difficult, new, and frustrating. Facilitate your child's study schedule closely, but be flexible to change it up based on your child's learning tendencies and emotional state at the time.